

ALEX RUPP

DEVELOPMENT
PROCESS
FACILITATOR,
COACH &
ENTREPRENEUR

CONTACT

[LinkedIn: Alexandra Rupp](#)

EDUCATION & CERTIFICATIONS

M.A. Development Economics and International Studies

University Erlangen-Nurnberg, Germany

B.A. International Cultural and Business Studies

University of Passau, Germany

ICF-accredited Integral Business Coach

Coaching Center Berlin

Systemic Transformation Design Consultant

Akademie Transformationsdesign Berlin

Regenerative Economics

Capital Insitute

Mental Health First Aid

ensa Switzerland

Change Communications

Gartner

ABOUT ALEX

Alex is a development process facilitator, coach, and entrepreneur supporting individuals, teams, and organisations in navigating change, strengthening collaboration, and creating meaningful impact. Her work centres on organisational culture, systemic transformation, and the design and facilitation of participatory development processes that build resilience and translate strategic intent into sustainable action.

Based in Berlin and working internationally, Alex brings experience across large corporations, social enterprises, SMEs, NGOs, and associations. She is deeply engaged with regenerative business and economic approaches and works at the intersection of social, ecological, and organisational development. Combining systemic insight with a human-centred and entrepreneurial mindset, she supports clients in shaping future-fit organisations and initiatives that are both impactful and resilient.

PORTFOLIO

- Leadership Coaching
- Organizational Development Consulting
- Process and Workshop Facilitation
- Regenerative Organizations and Leadership

Q&A

1) How did you get involved in key2advance?

I met Mona in 2024 through Mike and later realised that another friend, Lukas, has been part of the community for a while. After staying in touch for about a year, it became clear for both sides that joining key2advance was a great fit.

2) What experience do you bring to the community?

I bring extensive experience in development process facilitation, coaching, communications and organisational change, working across corporations, social enterprises, SMEs, NGOs, and international contexts. My background combines systemic thinking, regenerative economics, and hands-on entrepreneurial practice.

3) What value does coaching and facilitation bring to your clients?

Coaching and training create clarity, strengthen self-leadership, and support clients in navigating complexity with confidence and intention. They enable sustainable change by aligning personal, organisational, and systemic perspectives.

4) How do you work with your clients to ensure the perfect session?

I work *on eye level*, with shared responsibility and joint accountability for the process and outcomes. My approach is holistic and integral, considering body, mind, emotional intelligence, and the wider systems and relationships that shape individual and organisational realities.

5) What's your favourite part of being part of the *key2advance* community?

The diversity of projects and clients, and collaborating with inspiring community members who bring new perspectives, methods, and energy. It's a space where meaningful, impactful work and genuine enjoyment go hand in hand.